

ABSTRACT OF THE DISCLOSURE

A reinforced composite strut capable of reacting both compression and tension loads. The strut is preferably comprised
5 of a fiber reinforced composite elongate body with fittings, such as metal fittings, secured to the ends thereof. The fittings may be secured by means of an adhesive and are reinforced by means of a filament band wound about the fittings and the elongate body. The strap wound upon the body allows for reacting tension loads and
10 the body reacts to compression loads. A method of making the strut is also disclosed.

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